

CITY OF LEWISTON DEPARTMENT of RECREATION

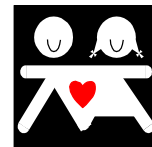
65 CENTRAL AVENUE, LEWISTON

207-513-3005

F.M.I. – 513-3005, Web site: www.ci.lewiston.me.us or Blog: <http://www.lewrec.blogspot.com>

CAMP SMILES: June 20 through August 12, 2011

WHERE: Lewiston Memorial Armory, 65 Central Ave., Lewiston Department of Recreation – 513-3005
AGE: 5 years through 12 years
WHEN: June 20 through August 12 (8 weeks); Monday through Friday – 7:30 AM to 5:30 PM
COST: \$120 per week (includes breakfast-lunch-field trips).



YOUTH TENNIS INSTRUCTION PROGRAM - 2011

AGES: 4 years to 18 years old.
WHEN: Instructional Classes - June 20 through August 5

This program has classes 2 days a week on Mondays & Wednesdays or Tuesdays & Thursdays *with tournaments on Fridays.*



SUMMER TRACK & FIELD PROGRAM - 2011

The program operates from Monday, June 20th through Saturday, August 13th. Practices are from 6 PM to 7:30 PM, Monday through Thursday, at Franklin Pasture Athletic Complex. A bus is provided for all away meets and chaperones are welcome on the bus, if seating is available.

AGES: 5 years to 14 years old.



SUMMER BASKETBALL SKILLS & DRILLS PROGRAM – 2011

The Summer Skills Basketball Program will operate on Tuesdays & Thursdays, mid-July through early August from 5:45 PM to 8 PM at the Lewiston Memorial Armory, 65 Central Avenue. Participants will receive age appropriate quality instruction in the game of basketball. Participants will be introduced to the rules and fundamentals of basketball including dribbling, shooting, passing, offensive drills and defensive skills.

WHO: Boys and Girls ages 4 years to 8 years old.

TIME: To Be Announced

Kennedy Park Pool AQUATICS PROGRAM – 2011

Supervised Summer Aquatic Programs are held at Kennedy Park, Park Street (across from L.P.D.)

Open mid-June through mid-August Weekdays: 1:00 PM - 6:30 PM.

Weekends and Holidays: 12:30 PM - 4:30 PM

Reminders: Pool closed during inclement weather; Bathing suits must be worn while in pool and splash pad. No cutoff shorts or shirts allowed in the pool or splash pad; Shoulder length or longer hair **MUST** be tied back.

Ask about our Swim Lessons!



SUMMER GYMNASTICS – 2011

Gymnastic Classes will be held on Tuesdays starting July 26 through August 26: Tiny Tots (ages 3½ to 5 years); Beginner 1 (ages 6 to 8 years); Beginner 2 (ages 9 to 16); PreTeam (as per instructor) and Team (as per instructor). Classes will include a rotation of 2 of the 4 stations per week [beam, floor, uneven parallel bars & vault].

SUMMER FIELD HOCKEY – 2011

AGE: Girls ages 6 yrs to 14 yrs.

WHERE: Franklin Pasture Athletic Complex – Field Hockey Field

The Recreation Department has a number of field hockey sticks & balls to lend for those who do not have their own equipment.



GIRLS SUMMER BASKETBALL SKILLS & DRILLS PROGRAM – 2011

WHO: Girls Grades 4 through 8.

WHEN: Mondays & Wednesdays, July 20 through August 10 from 5:15 PM to 7:30 PM

Participants will be introduced to the rules and fundamentals of basketball including dribbling, shooting, passing, offensive drills and defensive skills.

Group I – Grades 4, 5 & 6: 5:15 PM to 6:15 PM

Group II – Grades 7 & 8: 6:30 PM to 7:30 PM

